

WAS I SEXUALLY ASSAULTED?

If you check even one of these checkboxes, then you likely have sexual trauma. Call Catalina Behavioral Health at 520.999.2560 today for a professional evaluation. This self-assessment is not a diagnosis but confirms that it's time to seek trauma-informed care.

Did someone engage in sexual activity without your verbal consent?

Were you forced or bullied into any form of sexual activity against your will?

Did you or the other party perform sexual acts while incapacitated due to drugs, drinking, or unconsciousness?

Have you experienced unwanted touching without giving consent?

Did the other person threaten you or use physical force to sexually assault or abuse you?

Were you pressured or bullied into sex by someone in a position of authority or power?



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